Troop 546 Works on Community Service Projects

Scouts from Troop 546, Boy Scouts of America spent the day Saturday working on two different community service projects. Two scouts, Edgardo and Luis Garcia spent the day installing permanent markers along the Historic Trail at the Appomattox Historical Park. Several other scouts spent the day working with David Totty on his Eagle project. The project includes clearing a wooded lot behind St. Anne's Church and establishing a picnic area which will include a permanent barbecue pit and several picnic tables. Landscaping the area is also included in the project. Saturday was spent clearing the area and burning the brush. Freddy Godsey of the Appomattox Volunteer Fire Department stood by with a fire truck while the burning was being done. Scouts involved in the work were James Vaughan, Jimmy McFadden, Ben Martin and David Totty. Several other persons also assisted with the work.

Wildlife Seed Available At SCS Office

"Conserve Our Wildlife" is the theme of the forty second National Wildlife week March 18-24, 1979. Continued destruction of habitat is the biggest problem facing wildlife. You don't have to be a researcher, a field biologist, a refuge chief or a game officer to help wildlife.

Everyone who cares about wildlife can help protect wildlife habitat the places where animals can find food, water, and living space.

The USDA Soil Conservation Service, (SCS) can provide assistance in planning and applying conservation practices that will be beneficial to wildlife. SCS assistance is available to cooperators of the Robert E. Lee Soil and Water District. SCS also has a number of wildlife bulletins available such as "More Wildlife on your Property" and "Invite Birds to Your Home."

The Virginia Game Commission has delivered seed for wildlife plantings to the SCS. This seed is packaged in 3 pound bags - each sufficient to plant one-eighth of an acre. The seed should be planted in strips adjacent to natural cover. The ground must be cultivated and usually requires fertilizer for good seed production. A wide variety of seed are used to provide food for deer, rabbits, quail, doves, turkeys and numerous songbirds. Six lbs. of seed are available to cooperators.

As we convert more land to other uses, (this is sometimes called progress), wildlife will diminish unless we improve their remaining habitat. As you depend on wildlife for your enjoyment, wild life depends on you for its survival.

Miss Torrence *Accepted At Prospect Hall Col.*

Linda Gail Torrence, daughter of Frank and Betty Torrence of Rt. 2, Box 169, Appomattox, has been notified of her acceptance to Prospect Hall College for the September, 1979, Fall Quarter.

When attending the college, which is located in Ft. Lauderdale, Florida, Linda will pursue the Travel-Aviation Program, leading to an Associate Degree in Specialized Business.

Linda is presently attending Appomattox High School where she is active as a member of the Future Business Leaders of America.

VA Questions And Answers

EDITOR'S NOTE: Following are representative questions answered daily by VA counselors. Full information is available at any VA office.

Q - I am participating in the post Vietnam Era veterans educational assistance program, but I find I need the money to meet other pressing needs. May I suspend contributions temporarily without losing entitlement?

A - A service person who is experiencing financial hardship may suspend contributions temporarily without obtaining a refund and he will not lose entitlement.

Q - Under what conditions can a veteran's loan entitlement be restored after it has been used?

A - If the property is disposed of and the loan paid in full, your entitlement may be restored. Also, a qualified veteran with full entitlement may assume your loan and substitute his or her entitlement for yours.

Q - Which government - administered life insurance policies pay dividends?

A - The following government-administered life insurance policies pay dividends: WWI United States Government Life Insurance (K), WWII National Service Life Insurance (V), and Korean Veterans Special Life Insurance (RS and W).

Mt. Shiloh Centennial

Plans have been completed for the Centennial Celebration of the Mt. Shiloh Baptist Church of Spout Spring. The celebration will begin on the first Sunday evening in April at 7 p.m. The following services have been planned.

Sunday, April 1, Rev. C. L. Elliott and his Alabama Sr. Choir will render special services. The deacon board of the church will be the sponsor. Monday evening, April 2 at 7:30 p.m. the Rev. R. A. Wheaton and his choir of the New Hope Baptist Church will render services. The Willing Workers Club will be the sponsor. Tuesday evening, April 3, at 7:30 the Rev. W. R. Jones and his senior choir of the First Baptist Church will render the special service. The usher board will be the sponsor. Wednesday, April 4 at 7:30 p.m. the Rev. R. Q. Lawing, Jr. and the Third Liberty Baptist Church of New Canton, Virginia will render the service. The Sr. and Jr. Choirs will sponsor the program. Thursday, April 5, at 7:30 the Rev. J. W. Paige and his Mount Shiloh Choir of Monroe, Virginia will be the special guest. The men's club will sponsor the service. Friday, April 6 at 7:30 p.m. the Rev. R. H. Turner and the St. Mark Baptist Church, Amherst, Virginia will render special service. The Sunday School and Youth Club will sponsor the service. On Sunday, April 8 two services will be rendered at 11 a.m. Rev. Harrison Kelso will be the guest speaker and music will be furnished by the Galilee Sr. Choir and the Mt. Shiloh Jr. Choir at 2:45, the Centennial Celebration will be conducted and the Rev. G. C. Terry and his Free Spring Choir will be the special guest. Dinner and fellowship will be held in the church dining room from 1 p.m. to 2:45. The public is cordially invited to attend each service.

Regular preaching service will be held at the Mt. Shiloh Baptish Church this Sunday at 7 p.m. Special music will be rendered by the Jr. Choir.

Mrs. Turner - 6th Grade

Our class 4-H Club met on March 14 with Annette Miller, president. David Robertson held our flag while Donna Mayberry lead us in the 4-H pledge. One of recreation leaders Dawn Dawson lead the game and songs. Mr. Sweet talked to us about the 4-H camp, as well as the pine seedlings and feed patches. Mr. Sweet also told us the many 4-H activities coming up.

As always we enjoyed our 4-H Club meeting.

Ursula Grisham, 4-H Reporter

MRS. DAVIS'S 4-H CLUB

Mrs. Davis's 4-H Club held their monthly meeting on Monday, March 12, 1979. First our president, Randy Martin, called our meeting to order. During the meeting we said the Pledge of Allegiance to the American Flag and the 4-H Pledge. Then for recreation we played 7-Up. Mr. Sweet talked about demonstrations and illustrated talks.

Reporter, Laura Woody

Eating Well

by Mrs. Barbara L. Morlang, R.D., Ph.D., State Nutrition Consultant
Va. Dept. of Health

Is Breakfast Really Important?

Many people will ask whether or not it is really important to eat breakfast. The answer of course, is yes, because for most individuals there is a twelve to fourteen-hour period between the evening meal and breakfast. If a person misses breakfast, another four or five hours of fasting may be added. A person who has gone without food for sixteen to eighteen hours cannot expect to have a full amount of energy for the day's work.

We have to remember that the body is not like a machine that stops running when the fuel tank is empty. When our body needs more fuel, it has to cut down on whatever activities it can while maintaining many life processes. A person who has not eaten for a long period of time may feel fatigued and discouraged. If a person eats a poor breakfast, or none at all, this places a burden on the other meals to supply the nutrients needed. Studies have shown that young people who skip breakfast usually do not make up the nutrients that they have missed. This is particularly true of calcium and vitamin C.

Keep in mind that you do not have to eat the same breakfast every morning. Try something different. Sandwiches, soup made with milk, dried beef in cream sauce or pizza may add variety to your breakfast menu.

Jordan News

Regular preaching services will be held Sunday morning at 11:30 a.m. at the Mt. Zion Baptist Church.

On Sunday evening, beginning at 6:00 the Gospel Harmonettes will be celebrating their 7th anniversary. Many groups have been invited. This program will be at the Appomattox County High School. Plan now to attend.

On Saturday, April 7, the young adult choir will be sponsoring a chittering supper at the Oakville School Building. This supper will begin at 1:00 p.m. They say they will have plenty of chitterlings. So come by and get your supper.

We wish Dea. Walter L. Mosley a speedy recovery. He is a patient at Lynchburg

County Library Announces New Hours

The Appomattox County Library will be open Saturday, March 10th, and Saturday, March 24th, from 9 a.m. to 12 noon.

This service is being tried at the recommendation of the Advisory Board of Friends of the Library to the Appomattox County School Board to see if there will be enough use of the Library to have the Saturday hours continued.

Some Australians once believed that they could encourage their beards to grow by stroking their chins with a stone that resembled a long-whiskered rat.

Outdoors & Travel

by E. L. "Buck" Rogers

Because most of us live and work in heated and air conditioned environments we don't pay as much attention to weather and climate as we used to.

But, fish and critters do. Phenomena like rainfall, floods, droughts, snow run-off, hot spells, cold fronts, and snowfall have a direct bearing on their behavior and similarly effect the success of an outdoor adventure conducted in an outdoors environment.

For instance, ducks and geese usually won't fly south until they're driven from their Canadian haunts by snow and cold weather. At the same time a winter norther, which reaches down into the tropics, will clear the flats of bonefish and permit like a vacuum cleaner. A good fall rain will make it easier for dogs to locate and hold a covey of quail, but it may raise river levels and spoil a fishing trip. It is tough enough to be at the right place at the right time with careful planning, but if we ignore climatic factors most of us will have two strikes against us before we leave.

Here are a few examples: A Florida or Bahamas fishing trip in April or early December is usually a safe bet. But a similar trip planned during the fall hurricane season in these latitudes is risky. Mountain trout fishing early in the season can be good, but the odds are that snow run-off will make fishing difficult. The best fishing for lake trout in most Canadian lakes is early in the season, but it is important to remember that the ice doesn't always go out up there at the same time. Each year thousands of eager anglers get there a little too early and have to chop a hole in the ice to get their lines wet.

Water temperature plays an important role in fish behavior. Because they are cold-blooded creatures they are more sluggish and feed less frequently when water is cold, but more active as the water temperatures increase. Water that is too warm, however, has an opposite effect. Many species seek deeper water and are more difficult to locate and catch.

If a guy gets skunked by adverse weather when fishing in his own backyard no great harm is done. But if the same thing happens on an annual vacation the result can be an expensive disaster.

So, it pays to pay close attention to weather factors and take all of the variables into consideration when planning an outdoor outing.

For instance, I've never had a perfect dorado fishing trip. That great gamefish migrates continually in its South American river habitat, and because these streams rise in the rainy Amazon basin, heavy precipitation in this region can play havoc with fishing. So, I've taken everything into consideration for my next trip. I'm going early enough to avoid a cold snap and late enough to miss high water conditions. Even then, I'm staying in touch with locals to learn of any last minute climatic changes. Then, I'm going to hop a Braniff jet and hustle to those Argentina fishing waters as fast as I can.

This time, I don't want a native to tell me, "Senor, you should have been here last week."

Highway Dept. Awards Contract For Resurfacing 865 Miles in Lynchburg District

A $1,632,167 contract has been awarded by the State Highway and Transportation Commission to Marvin V. Templeton & Sons, Inc., Lynchburg, for resurfacing about 865 miles of highway in the Lynchburg District.

About 2.6 million gallons of bituminous material and 96,425 tons of cover stone will be used.

The work will be performed in Amherst, Nelson, Appomattox, Campbell, Pittsylvania, Buckingham, Cumberland, Prince Edward, Charlotte and Halifax counties.

Total mileage to be resurfaced in Appomattox County is 52.38.

The resurfacing is a part of the annual statewide program that includes resurfacing more than 5,300 miles of highway at a cost of almost $15 million.

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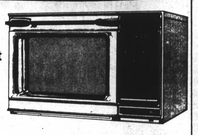

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Alfalfa Coming Back On Virginia Dairies

BLACKSBURG — "Alfalfa is a plant that will last for years - without producers spending a nickel for nitrogen fertilizer and is so high in quality and yield that it just cannot be excluded from a dairy operation," Virginia Tech Extension specialist said.

"I have always been optimistic about alfalfa coming back to play a more important role in the forage program on Virginia dairy farms," Harlan E. White, Virginia Tech specialist in forages, stated.

After visiting with seed suppliers, Extension agents and dairymen, there is no doubt that alfalfa acreage is on the increase and that considerable acreage will be seeded this spring, White said.

Producers planning to make a spring seeding should start getting ready now. There is an increasing number of varieties on the market, many of them very good ones, White said.

"Of those which have been included in the Virginia Tech Department of Agronomy tests for at least three years, the varieties Arc, Weevichek, and Waterman Loomis (WL) 311 are hard to beat for yield, persistence and quality."

Observers he recommended were Saranac AR, WL 307, WL 318, Titan and Williamsburg. Vernal is recommended only for west of the Blue Ridge and in Northern Virginia. Team should be used only in the Southern Piedmont and Eastern Virginia. Two other promising varieties are Vanguard and Conestoga.

White noted one of the primary concerns in selecting an alfalfa variety is disease resistance, especially to anthracnose and bacterial wilt.

"The better varieties are often more expensive but the additional cost is small if prorated over several years, and may be offset if the improved variety yields more and lasts longer," the faculty member in the College of Agriculture and Life Sciences said.

In most cases, the seed supply of the improved varieties is limited, so order early. It is usually easier to get the variety needed for spring seedings than for summer seedings since much of the previous summer's seed crop is sold in the spring.

"Don't hesitate to ask a seed dealer to order the variety desired if he doesn't have it in stock," White advised. "He can usually get it in a short time, but don't wait until the last minute to let him know what you need."

Choose a well-drained field for planting. Be sure the field in mind has not had alfalfa in it within the last two years. Most alfalfa diseases are soil borne, and will kill new seedlings trying to develop in infected soil.

Be sure the seed has live inoculum on it when you plant. If using preinoculated seed, make sure it is freshly inoculated and has been stored under cool, dry conditions.

"If inoculating the seed yourself, use fresh inoculum and some type of adhesive to be sure each seed has the bacteria present. The alfalfa seedling cannot fix nitrogen and be productive without these bacteria.

"Seed as soon as you can get the seedbed prepared," White said.

"This gives the seedlings time to get started ahead of the weeds and allows them to take advantage of the cool temperatures and abundant spring moisture."

Early seeding nearly always results in better stands and higher yields the first year, he added.

"Plan to use a nurse crop only if soil erosion is likely to be a serious problem. Eptam, Balan, and Tolban are three preemergence herbicides which, if applied just prior to seeding according to directions on the label, will give excellent weed control. Don't use them in alfalfa-grass mixtures," he advised.

White recommended taking soil samples well in advance so there is time to apply lime and fertilizer. Apply enough lime to adjust the soil pH to 6.5-6.8. Work the lime and fertilizer into the soil during preparation of the seedbed.

Be sure to prepare a seedbed which will give the alfalfa every opportunity to germinate and grow. The final seedbed should be smooth and firm, without cold and uneven areas. "A cultipacker seeder does a beautiful job of firming and smoothing the seedbed and insures that the seed is placed no deeper than one-fourth to one-half inch in the soil," the specialist said.

The seeder's last step is to firm the soil around the seed, which helps protect the germinating seed from variations in temperature and moisture.

"If these details are all taken care of properly, producers can expect, with continued good management, to reap the benefits of having the field of alfalfa in their forage and feeding program for many years," he concluded.

Effects Of Divorce Studied
Troubled parents who maintain turbulent marriages for more than two years may harm their children more than if they divorce after only one year, new research findings suggest.

A 2-year study of the impact of divorce on family functioning appears to confirm these findings, Dr. E. Mavis Hetherington, prominent professor of psychology, told a recent symposium on "The Family: Setting Priorities," sponsored by the Institute for Pediatric Service of the Johnson & Johnson Baby Products Company.

While the first year following divorce is difficult for both divorced parents and their children, this period is followed by a "dramatic improvement in coping, psychological well-being and social adjustment during the second year following divorce," Dr. Hetherington noted.

Iran's Oil Supply Influence Noted

BLACKSBURG— How is it that Iran, which supplies less than two per cent of U.S. energy needs, is capable to creating the specter of long lines at the nation's gas pumps and the possibility of Sunday closings?

Three answer, according to a team of energy experts at Virginia Polytechnic Institute and State University, Blacksburg, lies in part with the failure of the U.S. government to adequately come to grips with the country's energy problems. Additionally, it lies with the seeming disastrous consequences of environmentalists' success in hamstringing efforts of the U.S. to develop its own energy resources.

These conclusions come from a recently issued Iranian Oil Fact Sheet prepared by two Virginia Tech energy researchers. They are Walter Hibbard, university distinguished professor and director of the Virginia Center for Coal and Energy Research (VCCER), and Leo Rapoport, professor of energy resource analysis in the department of geological sciences. Rapoport is also head of a select group that has developed a highly sophisticated world-wide energy modeling system called LORENDAS (Long Range Energy Development and Supplies).

"A point that should be made," says Hibbard, "is that we actually don't have an energy crisis per se." He explains that we have enough energy for the time being, "but that doesn't mean we won't face brown-outs and gas shortages during the next decade. It's already a foregone prospect," he adds.

Furthermore, the fact sheet points out, "the near term resolution of the Iranian oil crisis is entirely a matter of politics—not one dependent on resources or technologies. It will undoubtedly be used as a justification or motivation for OPEC to further increase oil prices."

Looking at the U.S. energy situation from a long-range viewpoint, the fact sheet states that "crises such as the present one can be avoided by the U.S. only through a determined, rapid development of our own energy resources."

The Virginia Tech researchers are not overly optimistic that this will come about. This is because of the lack of an effective government energy program and because of the continued pressure from environmentalists who have already curtailed construction of badly needed refineries in the U.S. The environmentalists have also halted the development of nuclear power plants and coal resources.

But if Iran supplies just two per cent of U.S. energy needs, wouldn't it be possible to make this up from other sources?

Hibbard and Rapoport say that it is possible for other oil producing countries to step up production that would make up for the Iranian oil stoppage. From a short term consideration, the available spare producing capacities of six of the oil producing countries could result in an increase of up to 6.2 million barrels per day. This would more than offset the Iranian shortfall.

Additionally, a medium term approach could include putting in 350 new wells in the Persian Gulf. These would provide an increase of 2.5 million barrels per day. It would take six to ten months for these to be installed, yet their cost could be repaid in about 10 days of production.

On a long term basis, OPEC could increase the ratio of yearly oil production to reserves from the present 2.3 per cent to about 2.7 per cent. In other words, they could step up their depletion rate of oil reserves.

While the fact sheet indicates that these are possible means of offsetting the Iranian shortfall, there is no guarantee, say the energy experts, that this will take place.

However, some of the oil producing countries, such as Saudi Arabia, Kuwait, Iraq, Nigeria, Venezuela, and Libya, have increased crude production since the Iranian stoppage—enough to offset about half the Iranian shortfall. At the same time, spot prices for oil have risen to around $20 to $25 per barrel, up from $15 a barrel.

Furthermore, the U.S. is a member of the International Energy Agency (IEA), with the result that the U.S. will have to cooperate in the reallocation of oil supplies to other member countries, such as Israel, that rely heavily on Iranian oil. "This reallocation," according to the fact sheet, "could eventually result in a shortage of as much as 8 to 10 per cent of the U.S. oil supply."

This compares with a loss of crude oil imports for the U.S. of from 10 to 15 per cent during the 1973-74 oil embargo—about 4 to 6 times the present Iranian shortfall of about ½ million barrels a day. But the 1973-74 oil embargo had a large effect on gasoline because the U.S. was and still is short of refinery capacity as the result of pressures from environmental groups to halt refinery construction.

The result, according to Hibbard and Rapoport, is obvious. We face, over the next several decades, a grave energy situation in which brown-outs, oil shortages, and long lines at the gas pumps may become a way of life.

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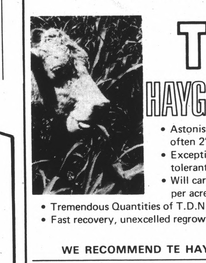

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